

Excelsior Mentorship Programme

“Mentoring for Success”

*Benjamin Franklin said “Tell me and I forget, teach me and I may remember, involve me and I learn.” Let’s become involved in the lives of our students so they can learn - **BECOME AN EXCELSIOR MENTOR TODAY...***

The Excelsior Past Students Association Mentorship Programme is designed to ensure a structured, consistent and purposeful relationship between the student and an adult who provides acceptance, support, encouragement, guidance and concrete assistance to promote healthy youth development and student success.

PROGRAMME MODEL AND STRUCTURE

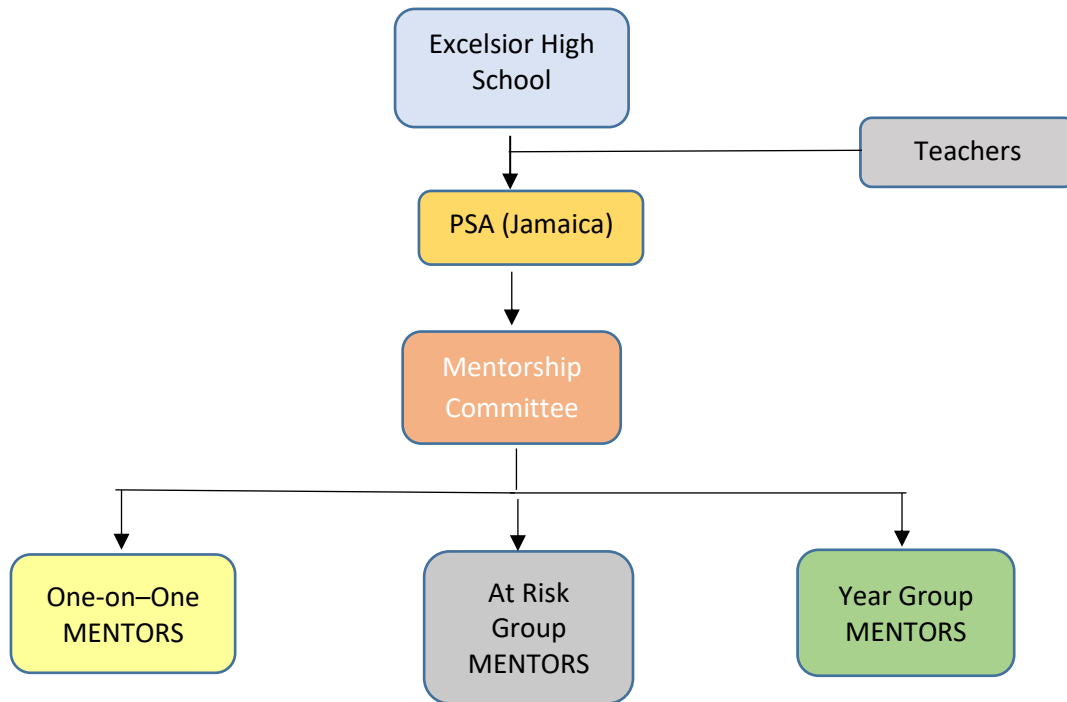
This programme is designed to provide “Low/Moderate to Intense Risk” students with academic and social support and guidance, self-esteem building, and problem solving/conflict resolution skills. The programme has been modified to serve higher risk children involved with the law, active gang connection or serious/dangerous habits for example gambling.

It is school based and mentors:

- meet / interact with their student match for one hour per week preferably on a set day and time
 - this One-on-One Mentoring Programme follows a traditional one-to-one model of mentoring where one adult is paired with one young person (this includes virtual mentoring). The programme provides students with a volunteer mentor who helps to build strong relationships, set and maintain life goals and be a positive role model.
- meet/ interact with a group (at risk students) weekly (at a minimum) for one hour preferably on a set day and time on the school grounds / virtual
 - Four to five mentors are matched with a cohort of mentees. Initial programme structure is provided while allowing mentors to direct progress, pace and activities
- meet/ interact with a group (year group) once per month for one hour preferably on a set day and time on the school grounds

- and mentee should be in contact for at least two years (the programme is designed for five years)
- should engage students in a variety of activities

Structure



Our focus is to address issues such as:

- Attendance
- Academic performance
- Positive behaviour
- Personal Development
- Positive attitude toward school/learning
- Conflict management/problem solving skills
- Drug Abuse
- Asset building activities

EXPECTED OUTCOME

Our programme is expected to have a lasting impact on the students served, specifically: improved academic outcomes; improved interpersonal relationships, personal responsibility and community involvement; as well as reduced juvenile delinquency and participation in harmful activities.

We know that mentoring is not a quick-fix – we are committed to walk alongside the student for some time. Issues are complex, contexts can be difficult and relationships may be strained. Our intervention may have to be lengthy, however with compassion, many hurdles can be overcome and the returns can be phenomenal in terms of student success, progress, life chances and opportunities available to them.

So are you a:

1. Coach/Advisor

Can you:

- give advice and guidance, share ideas, and provide feedback
- share information on "unwritten rules for success" within an environment/organization
- provide input to the mentoring action plan

2. Source of Encouragement/Support

Can you:

- act as a sounding board for ideas/concerns about school/career choices; provide insights into possible opportunities
- provide support on personal issues, if appropriate

3. Resource Person

Can you:

- identify resources to help mentee enhance personal development and career growth
- expand the mentee's network of contacts

4. Champion

Can you:

- serve as advocate for mentee whenever opportunity presents itself
- seek opportunities for increased visibility for mentee

5. Devil's Advocate

Can you:

- when appropriate, play devil's advocate to help mentee think through important decisions and strategies

6. Confidant

Can you:

- earn and maintain the trust of the mentee
- maintain confidentiality

*If you answered yes to one or all of the above, you are eligible and our alma mater needs you. Come and join our team
Satisfaction from helping is guaranteed.*